

Newsletter for SGT Michael A. DiRaimondo  
Chapter 750 Military Order of the Purple Heart  
[moph-chapter-750.com](http://moph-chapter-750.com)



..... **From the Commander**

**November 14 Meeting at Ventura Veterans Home**

The November 14 meeting at the Veterans Home of California, Ventura. LAMOPH meets at the same time, same place as the Patriots. In this meeting, we will finalize the Thanksgiving Food Basket program for Ventura County. Patriot David Hieter and Jane Hieter are managing distribution in Santa Barbara County.

**Flu Shots**

Veterans receiving health care at VA are eligible for Free flu shots at your local Walgreens. You need your VA ID card.

**Attached is a copy of a Costco Connection magazine story about job hunting.** Entitled "Hiring Heroes," it has tips and advise.

**Ever have problem reaching V.A. healthcare?**

Me, too.

*Ombudsman:* an advocate charged with representing the interests of the veteran by investigating and addressing complaints of mal-administration or a violation of rights. In the words of a West L.A. V.A. ombudsman, their telephone system is INUNDATED.

When I called to make an appointment for my local clinic it was IMPOSSIBLE to get though, redial, redial, redial, redial for nearly an hour. So, I called the ombudsman and got some answers. Once you get in the telephone system you MAY get a transfer to the appointment people which can speed the process at least you have someone to talk to about the telephone appointment problem.

To reach a VA Greater Los Angeles Healthcare System ombudsman:  
800-952-4852 or 877/251-7295  
x53068

### West L.A. V.A. Patient Experience Specialists

Our Patient Experience program seeks to personally give you and your family the security of knowing someone is available to focus on your individual concerns and rights as a patient. We work directly with all departments on your behalf and can address your questions, problems or special needs quicker. If you, or a veteran you care for has not been able to resolve important issues related to VA through other means of communications, please contact one of our highly-skilled patient experience specialists listed below who will be eager to help you with your concern in a timely manner.

Harry Corre, Patient Advocate  
310-268-3720

Lillian Chambers, Patient Advocate  
818-895-9564

Kevin Wright, Patient Advocate  
310-268-4141

Ms. Willie J Brister, Patient Advocate  
310-478-3711 Ext. 44560

A guaranteed method for Internet users is the My Healthy Vet e-mail service, once you sign in go to Secure Messaging in the upper right-hand corner then click on Compose Message. You will see several choices, choose Subject and then select Appointment. In your message, tell your Primary Care Physician you need an appointment and give the specifics like reason, urgency, dates, etc. The response will probably come from a nurse. It is not immediate, but you will not blow your stack dialing the phone and not getting through. The My Healthy Vet link is on the Website below:

<https://www.myhealth.va.gov/mhv-portal-web/home>  
go to compose-message and click on appointment.

Secure Messaging is also excellent it to ask about lab results, find out about a medication or health issue. Or simply to discuss general health issues.

Don't have a home computer or smart phone? Try a friend, relative or library. Get a free e-mail address at the same time.

### **Important dates to note:**

Our annual Christmas Party December 21, 5:30 P.M. at Jon and Gloria's home.

### **Chap. 750 Next Meeting**

Ventura Veterans Home, 10900 Telephone Road, 805-659-7500  
Near where Telephone Road meets Route 118. At this meeting we will finalize our planning our Thanksgiving Food Basket drive for Ventura and Santa Barbara Counties. The December meeting will be our annual Christmas Party on December 14.

November 14 - December 21 our annual Christmas Party – January 9

**Veterans Day discounts and meals at restaurants****Hometown Buffet – November 11, 2019**

Active duty, reserve, or retired military personnel in uniform or with a valid ID receive 15% discount on Military Mondays (Every Monday including Memorial Day) at Hometown Buffet. Ask your server for details.

<http://www.hometownbuffet.com/military/>

**Old Country Buffett – November 11, 2019**

Active duty, reserve, or retired military personnel in uniform or with a valid ID receive 15% discount on Military Mondays (Every Monday including Memorial Day) with up to four members of the family at Old Country Buffett. Ask your server for details.

<http://www.oldcountrybuffet.com/military-2/>

**Applebee's – November 11, 2019**

Veterans and active-duty military receive a free meal from a limited menu at participating Applebee's on November 11. Dine-in only. Visit the Applebee's website for details.

**Chili's Grill & Bar – November 11, 2019**

All Veterans and active duty military personnel can get a free meal on Veteran's Day Monday, November 11, 2019, at all participating Chili's Grill and Bar restaurants. Please call ahead to your local Chili's restaurant if you have any questions about your Veteran's Day meals. Visit the Chili's website for details. <https://www.chilis.com/restaurant-events/veterans-day>

**Baker's Square – November 11, 2019**

All Veterans and active duty service members receive a free meal on Veteran's Day from Baker's Square. Visit the Baker's Square website for details.

**54th Street Grill and Bar – November 11, 2019**

Veterans + Active Duty military personnel who dine inside a 54th Street Grill and Bar receive a free entrée up to \$12 on Veteran's Day (11-11-2019). Visit the 54th Street Grill and Bar website for details.

**Golden Corral – November 11, 2019**

Military Veterans, retirees, and active duty members are being offered a free sit-in "thank you" dinner on Monday, November 11, 2019, from 5pm -9pm. For more details visit the Golden Corral website. <https://www.goldencorral.com/military-appreciation/>

**Red Robin – November 11, 2019**

Veteran's and Active Duty Military are being offered a free dine-in Red's Tavern Double Burger and Bottomless Steak Fries on Veteran's Day, 11/11/2019. Visit the Red Robin website for details.

#### Mission BBQ – November 11, 2019

Veterans and active duty members will receive a free sandwich and slice of cake (while supplies lasts) at Mission BBQ on Veteran's Day, 11/11/2019. Visit the Mission BBQ website for details.

#### O'Charley's Restaurant – November 11, 2019

Veterans of the armed forces and/or officers still serving, you can enjoy a free meal at O'Charley's this Veterans Day, with several fan favorites from the restaurant's menu to choose from. Visit the O'Charley's website for details.

#### Grub Burger – November 11, 2019

Veterans and active military members can get a free meal at a Grub Burger Bar location on Saturday, November 11, for Veterans Day. Visit the Grub Burger website for details.

#### IHOP – November 11, 2019

All Active duty and Retired Veterans in observance of Veteran's Day, November 11, are invited to come in to IHOP and enjoy a "free" breakfast. Visit the IHOP website for details. <https://www.operationmilitarykids.org/ihop-military-discount/>

#### Lucille's BBQ – November 11, 2019

Veterans and active duty military will enjoy a complimentary dessert with proof of service on November 11. Visit the Lucille's BBQ website for details.

<https://www.lucillesbbq.com/promos/military-family-month>

#### Fogo De Chao – November 11, 2019

Veterans and active duty personnel receive discounts on November 11, which includes 50% towards their meal at Fogo De Chao, in addition up to three of their guests enjoy 10% off. Visit the Fogo-De-Chao website for details.

#### Texas Road House – November 11, 2019

Veterans and active military receive a free lunch on November 11, from 11 a.m. to 4 p.m. at all Texas Roadhouse locations. Visit the Texas Road House website for details.

#### TGI Fridays – November 11, 2019

Military guests with a valid military ID will be treated to a free lunch menu item up to \$12 on November 11, from 11 a.m. to 2 p.m. These guests also will receive a \$5 coupon for their next meal at Fridays. Call your local TGI Fridays for details.

**Subway – November 11, 2019**

Military Veterans with a valid ID are being offered a free six-inch sub on November 11 at select locations. Call or visit your nearest location for details.

**Outback – November 11, 2019**

Veterans with a military ID can get a free Bloomin' Onion and non-alcoholic beverage on November 11, and 20 percent off their check Nov. 12 to Dec. 31. Call or visit your nearest location for details.

**BJs Restaurant Brewhouse – November 11, 2019**

Military and Veteran's with a valid ID are being offered a free entree up to \$14.95 and a free Dr. Pepper beverage on November 11. Call your local BJ's Restaurant Brewhouse for details. <https://www.bjsrestaurants.com/VeteransDay>

**Bandanas BBQ Restaurant – November 11, 2019**

Veterans and active duty military are being offered a free meal on November 11. Call or visit your nearest location for details.

**Manhattan Bagel Company – November 11, 2019**

All active, former and retired military personnel with valid identification are invited to enjoy a free bagel and cream cheese at Manhattan Bagel Company's participating locations on Veterans Day November 11. No additional purchase is required. Call or visit your nearest location for details. Veterans Day discounts at grocery stores

**BJs Wholesale – November 11, 2019**

Active duty military personnel and Veterans receive discounts on November 11, 2019, at BJ's wholesale, which include 30% off standard membership fees. Additional incentives like extra money off coupons are occasionally offered for new members.

**Publix – November 11, 2019**

Veterans, active military, and their families receive 10% off purchases on November 11, 2019. Exceptions apply. Must show Veteran or military ID, discharge documents, or driver's license with Veteran designation. <https://ww4.publix.com/pages/veterans-day-discount> Veterans Day Haircuts

**Great Clips – November 11, 2019**

Veterans and current military members can visit a U.S. Great Clips salon on November 11 to receive either a free haircut that day or the free haircut card to use at a later date. Visit the Great Clips website for details. Visit the Great Clips website for details.

**Sport Clips – November 11, 2019**

Some locations will be offering free haircuts on November 11. Visit the Sports Clips website for details.

**SmartStyle Hair Salons – November 11, 2019**

Current or former military members, and veterans are being offered a 10% discount off any services and professional products on November 11. Please show proof of service to receive this special discount at participating salons. Walk-ins welcome. No double discounts. Discount may vary per location. Visit the SmartStyle website for details. Veterans Day Health

**American Family Care – November 11, 2019**

Veterans are being offered free flu shots on Veterans Day, Monday, November 11. Veterans interested in obtaining a free flu shot are encouraged to visit [AFCUrgentCare.com](http://AFCUrgentCare.com) to find the nearest American Family Care. Visit the American Family Care website for details.

**True Rest Float Spa – November 11, 2019**

Free True Rest Float Spa 60-minute float session for active duty military and Veterans. Visit the True Rest website for details. Veterans Day Retail

**The Home Depot – November 11, 2019**

Veterans are being offered a 10% military discount on in-store purchases on select items. All veterans are eligible for this discount during the Veterans Day weekend. Visit the Home Depot website for details.

**Walgreens – November 8-11, 2019**

20% off for military, Veterans and their families. Walgreens also provides free flu shots for VA-enrolled Veterans. Visit the Walgreens website for details.

**Rack Room Shoes – November 11, 2019**

United States Military and families with a valid ID receive 10% off your entire purchase on November 11. In store only. Visit the Rack Room website for details.  
<https://www.rackroomshoes.com/military-discount>

**Dollar General – November 11, 2019**

Veterans and families receive an 11 % discount on qualifying items in store and online. See website for details.

**Rack Room Shoes – November 11, 2019**

United States Military and families with a valid ID receive 10% off your entire purchase on November 11. In store only. Visit the Rack Room website for details.  
<https://www.rackroomshoes.com/military-discount>